

26 个主题词

1. 团队精神: team spirit
2. 合作: cooperation、teamwork
3. 耐心: patience、being patient
4. 谨慎: prudence、being prudent
5. 坚持: persistence、perseverance、strong willpower
6. 努力: endeavor、hard work、striving arduous efforts、making great efforts
7. 勤奋: painstaking efforts、diligence、being diligent
8. 自立: self-dependence、self-reliance、independence
9. 创新: innovation、creativity
10. 谦虚: modesty、being modest、being humble
11. 奋斗精神: striving spirit、the spirit of striving、the spirit of hard work
12. 竞争精神: the spirit of competition、competitive spirit
13. 探索精神: the spirit of exploration /exploratory spirit
14. 逆境/苦难: adversity、hardship
15. 挫折: frustration、setback、difficulty、trouble
16. 成就感: the sense of achievement
17. 荣誉感: the sense of honor
18. 传统美德: traditional virtues
19. 孝道: filial piety
20. 节约: thrift、being thrifty
21. 诚信: integrity、honesty、being honest
22. 好奇: curiosity
23. 自信: self-confidence
24. 乐观: optimism、being optimistic、positive attitudes
25. 设定目标: setting goals、target setting
26. 理想: ambition、dream
27. 信念: belief
28. 承担责任: undertaking the responsibility
29. 争取机会: striving for a good opportunity
30. 减压: relieving the pressure /stress/burden、reducing the pressure /stress/burden、
easing the pressure /stress/burden
31. 身体健康: physical health /fitness
32. 心理健康: psychological health /fitness、mental health /fitness
33. 保持身心健康: staying healthy both physically and psychologically
remaining/maintaining physical and mental health
34. 激发自我潜能: unlocking/bringing out/stimulating one's potential
35. 时间管理: time management
36. 奉献: devotion、dedication
37. 社会责任: social responsibility
38. 责任感: the sense of responsibility
39. 终身教育: life-long education



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40. 素质教育: quality education
41. 职业教育: vocational education
42. 乡村教育: rural education
43. 培养创新思维: cultivating creative/innovative thinking
44. 批判性思维: critical thinking
45. 情绪管理: emotion management
46. 专注力: focus / concentration
47. 抗压能力: stress resistance、resilience、the ability to cope with stress
48. 适应能力: adaptability、flexibility
49. 自我反思: self-reflection、self-examination
50. 自我提升 /自我投资: self-improvement / self-investment
51. 志愿者精神/服务: volunteer spirit /volunteer service
52. 老龄化社会: aging society
53. 银发经济: silver economy
54. 城市化: urbanization
55. 乡村振兴/共同富裕: rural revitalization /common prosperity
56. 代沟: generation gap
57. 家庭暴力: domestic /family violence
58. 生物多样性: biodiversity
59. 气候变化: climate change
60. 温室效应: greenhouse effect
61. 可再生资源: renewable resources
62. 低碳经济: low-carbon economy
63. 绿色发展: green development
64. 垃圾分类: waste sorting、garbage classification
65. 公共交通: public transport
66. 电动汽车: electric vehicles
67. 体育锻炼: physical exercise
68. 均衡饮食: well-balanced diet
69. 垃圾食品: junk food
70. 营养不良: malnutrition
71. 文化认同: cultural identity
72. 文化融合: cultural blending /integration/fusion
73. 文化交流/跨文化交流: cultural exchange /cross-cultural communication
74. 文化多样性: cultural diversity
75. 文化遗产/非遗保护: cultural heritage /legacy、intangible cultural heritage protection
76. 文化自信/弘扬传统文化: cultural confidence/advocating traditional culture
77. 可持续发展: sustainable development
78. 经济复苏: economic recovery
79. 经济繁荣: economic prosperity
80. 就业市场/就业/灵活就业: job market /employment/flexible employment
81. 网络安全: network security
82. 信息泄露: leakage of information
83. 谣言/网络谣言: rumor /online rumor

84. 隐私: privacy
85. 信息泛滥: explosion of information
86. 在线购物/教育/服务: online shopping、online education、online services
87. 电子商务: e-commerce
88. 互联网的普及: the popularization of the Internet
89. 交通方式: means of transportation
90. 能源消耗: energy consumption
91. 低碳出行: low-carbon travel
92. 环境问题/保护: environmental issue /protection/preservation
93. 生态文明: ecological civilization
94. 再生能源: renewable energy
95. 社交网络: social network
96. 上网成瘾: online addiction
97. 直播带货: live-streaming sales /live commerce
98. 团购: group shopping
99. 人工智能/ AI 伦理: artificial intelligence / AI ethics
100. 职业规划: career planning
101. 创业: start one's own business
102. 出国/读研/找工作/考公务员: going abroad /pursuing postgraduate study /job hunting /
take the civil service exam
103. 课后活动/兼职工作: extra-curricular activity /part-time job
104. 数字鸿沟/远程办公/大数据: digital divide /telecommuting/remote work /big data
105. 双减政策 / 核心素养: double reduction policy /core competencies
106. 碳达峰/碳中和/塑料污染: carbon peaking /carbon neutrality /plastic pollution
107. 内卷/躺平: involution /lying flat